In this era, to become a spiritual inquirer without social consciousness is a luxury that we can ill afford, and to be a social activist without a scientific understanding of the inner workings of the mind is the worst folly. Neither approach in isolation has had any significant success.

Vimala Thakar

Each of us is a leader within our field of influence.

As we move through the world the quality of our being and presence touches everyone we meet.

Mindful moment to mindful moment – we have the choice: will we share our confusion, overwhelm, and distress with others

– or –

will we develop our capacity to embody and share the power of our peace, clarity, caring, wisdom, and inspiration with all we meet along the way of our lives.

These complex and turbulent times invite and challenge us all to develop greater skills/great capacity/ for finding greater strength, courage, balance, resilience, and wisdom within ourselves so that we can inspire others to find/awaken to their highest and truest potentials.

This special retreat offers the rare opportunity to slow down to the speed of life... to develop and deepen your mindfulness and meditative skills... to strengthen the mental clarity, emotional balance, wisdom, empathic resonance, tender warm-heartedness that you bring to your life, work, and relationships.

This inspiring immersion in mindfulness, meditation, nature, and community will allow us to renew and reinvigorate ourselves and so that we can return to our busy lives and communities with greater sense of peace, power, potential, resourcefulness, and lovingkindness.

PARTICIPANTS

This retreat warmly welcomes friends and colleagues who have previous worked with the Leveys as well as those new to, and interested in, their work. Since many of us have worked and studied together in the past, this retreat will also provide a nurturing opportunity to share learnings, insights, and best practices gleaned from our own lives and work. Together we will also share our creative inspirations and explore themes and question that are of interest to our community and develop new skills for sourcing and tapping into the profound power of our collective wisdom and intelligence in order to respond to the complex opportunities and challenges of our lives.

The event will take place at Mas de Caret, a peaceful and beautiful place in the Mountains of Prades - Catalonia.

SCHEDULE

From: 1st Nov at 16:00 (arrivals 14:00-15:30)
Until: 4th Nov at 13:00 (before lunch)
Option: starting on 2nd Nov at 16:00

CONTACT: hubcoevolucio@gmail.com

http://www.masdecaret.com/en

REGISTRATION

Early Registration: 20th September
Deadline Registration: 15th October

Early Registration Fee: 200 € (Registration Fee: 240 €)
Accommodation* Fee: 165 €

For those starting on 2nd Nov please contact the organization

*Includes: accommodation in shared rooms (2/3 persons) and meals (breakfast, lunch, dinner). Excluded lunches 1st & 4th Nov.

PAYMENTS

Accommodation Fee: during the sessions at Mas de Caret Registration Fee: by bank transfer (name and surname) at the account number: ES35 0081 0194 2100 0173 4781

ORGANIZED BY CO-EVOLUTION HUB (Hub Coevolució)

Co-creating and facilitating individual and social systems transformation, where people and communities co-evolve in harmony with each other and nature.